



YOUTH FOR UNDERSTANDING  
Hungary



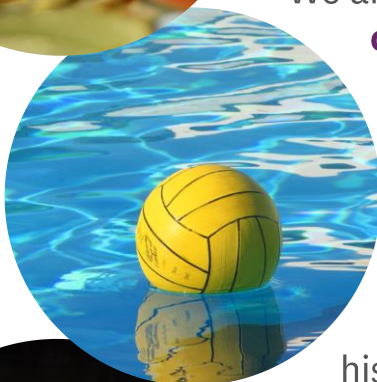
## SPORT PROGRAM IN HUNGARY

### *A small country with many triumphs*

We love sports and we take them seriously. Currently, Hungary is ranked 8th in the world for total Olympic medal count with 491 medals and has the second highest number of **gold medals per capita** in the world.

We are a nation of aquatics. We are very proud of our **kayak-canoe** and **rowing** teams, as well as our outstanding **swimmers** of the past and present (e.g. Alfréd Hajós, Krisztina Egerszegi, Katinka Hosszú, László Cseh). Our men's national **water polo** team won 3 Olympic games in a row (2000, 2004, 2008) and they have won 44 world medals (18 gold medals) in total, which makes Hungary the world's **most successful nation** in the history of water polo.

But we are not only talented in the water: we have many significant accomplishments in other sports, such as **handball, fencing, weight-lifting, tennis** etc.



For more information about an exchange year in Hungary, please contact your national YFU organization.



YOUTH FOR UNDERSTANDING  
Hungary

Horseback riding is an important part of Hungarian culture and traditions, and we have quite a history in **horse racing** too. Kincsem, our most famous race horse has the most wins of any unbeaten horse ever, having won 54 races from 54 starts.



The most popular sport in Hungary is **football**. Our legendary national team called the „Golden Team” dominated the sport in the 1950s, and they are particularly famous for the **„Match of the Century”** (England v Hungary, 1953). They are considered one of the best football teams ever. Although our glory has faded since then, Hungarians remain extremely passionate about football.

### **Sport as a pastime**

Sports refresh both body and mind, and Hungarians love doing **sports for fun**. A great variety of sports and exercises can be learned during **physical education** classes, and there are countless opportunities to do sports as extracurriculars. In addition to the sports already mentioned, **athletics, basketball, volleyball, ice hockey, ballet, rhythmic gymnastics, dancing, table tennis** are all very popular. Don't worry if you cannot find your sport on the list. These are just a few examples, but many other sports are also available in our country.

### **Our sport program**

The possibilities are almost endless: there is a **wide variety of sports** that you can choose from, and it is also up to you how seriously you want to pursue it. Based on your skills and prior experience, you can decide to do it for fun, as a hobby, or even **on a professional level**.

You will attend a **regular high school** like the other exchange students, but you will have additional **trainings** in a sport club **after classes**. The amount of trainings depends on the sport and the level, but we will surely find the opportunities that best suit your needs!

